Ford Ironman St. George Road Closures For 112-Mile Bike Course

STREETS Impacted:	LANES CLOSED:	CLOSED FROM:	CLOSED TO:	TIME CLOSED:	TIME OPEN:	PEAK RACE Flow:
Sand Hollow Road/ 3700 W	All	Sand Hollow Reservoir	State Road 9	4 a.m.	10 a.m.	8 a.m 9 a.m.
State Road 9	South Eastbound Lane	Telegraph Street	3700 West	7 a.m.	10:30 a.m.	8 a.m 9 a.m.
Telegraph Street	North Westbound Lane	State Road 9	Washington Parkway	7:30 a.m.	11 a.m.	8:30 a.m 9:30 a.m.
Washington Parkway	East Northbound Lane	Telegraph Street	Buena Vista Boulevard	7:30 a.m.	11 a.m.	8:30 a.m 9:30 a.m.
Interstate 15	Northbound On Ramp	Exit 13	Exit 13	7:30 a.m.	11 a.m.	8:30 a.m 9:30 a.m.
Interstate 15	Southbound Off Ramp	Exit 13	Exit 13	7:30 a.m.	11 a.m.	8:30 a.m 9:30 a.m.
Buena Vista Boulevard	All	Washington Parkway	Main Street	7:30 a.m.	11 a.m.	8:30 a.m 10 a.m.
Buena Vista Boulevard	Westbound Lane	Main Street	Cactus Lane	7:30 a.m.	11 a.m.	8:30 a.m 10 a.m.
Cactus Lane	Northbound Lane	Buena Vista Boulevard	Green Springs Drive	7:30 a.m.	11 a.m.	8:30 a.m 10 a.m.
Green Springs Drive	West Southbound Lane	Cactus Lane	East Red Hills Parkway	7:30 a.m.	11 a.m.	8:30 a.m 10 a.m.
Red Hills Parkway	North Westbound Lane	Green Springs Drive	900 East	7:30 a.m.	11 a.m.	8:30 a.m 10 a.m.
Red Hills Parkway	All	900 East	State Road 18	7:30 a.m.	1 a.m.	10 a.m 10 p.m.
Snow Canyon Parkway	North Westbound Lane	State Road 18	2000 North	7:30 a.m.	6 p.m.	9 a.m 4 p.m.
Snow Canyon Parkway	South Eastbound Lane	1400 West	State Road 18	7:30 a.m.	6 p.m.	9 a.m 4 p.m.
1300 West	All	Snow Canyon Parkway	Primrose Circle	7:30 a.m.	6 p.m.	9 a.m 4 p.m.
Pioneer Parkway	Westbound Lane	Snow Canyon Parkway	400 East in Ivins	8 a.m.	3:30 p.m.	9 a.m 2 p.m.
400 East	Northbound Lane	Pioneer Parkway	400 South	8 a.m.	3:30 p.m.	9 a.m 2 p.m.
400 South	Westbound Lane	400 East	Highway 91	8 a.m.	3:30 p.m.	9 a.m 2 p.m.
Highway 91	North Lane	400 South	County Road 3184	8 a.m.	3:30 p.m.	9:30 a.m 2 p.m.
County Road 3184	Northbound Lane	Highway 91	State Road 18 in Veyo	8:30 a.m.	4:30 p.m.	9:30 a.m 2 p.m.
State Road 18	Southbound Lane	Veyo	Snow Canyon Parkway	8:30 a.m.	6 p.m.	10 a.m 4 p.m.
Bluff Street	All	Snow Canyon Parkway	Sunset Boulevard	7:30 a.m.	1 a.m.	1 р.т 10 р.т.
Diagonal Street	All	Bluff Street	Main Street	10 a.m.	1 a.m.	1 p.m 10 p.m.
Main Street	All	200 North	100 South	10 a.m.	1 a.m.	1 p.m 10 p.m.



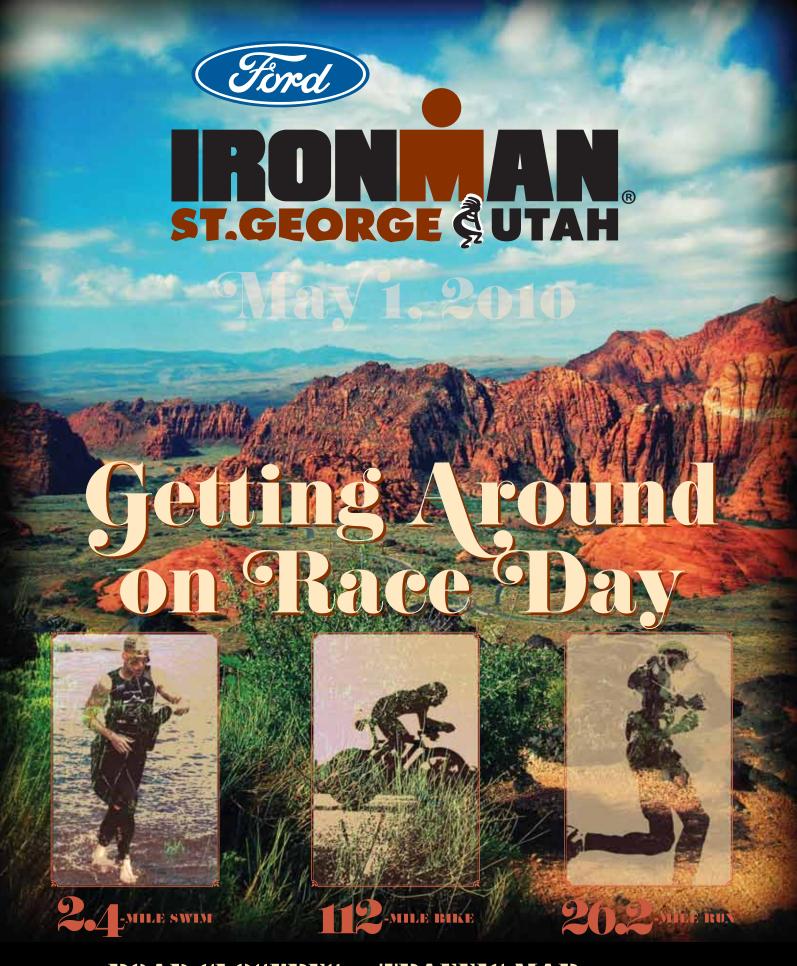












ROAD CLOSURES FAST FACTS

TRAFFIC MAP ALTERNATIVE ROUTES



Ford Ironman St. George Road Closures For 26.2-Mile Run Course

STREETS Impacted:	LANES CLOSED:	CLOSED From:	CLOSED TO:	TIME CLOSED:	TIME OPEN:	PEAK RACE Flow:
Main Street	All	100 South	Tabernacle Street	Thursday	Sunday	
St. George Boulevard	All	200 East	200 West	8 a.m.	1 a.m.	1 p.m 10 p.m.
Main Street	All	100 South	Diagonal Street	10 a.m.	1 a.m.	1 p.m 10 p.m.
Diagonal Street	All	Main Street	Bluff Street	10 a.m.	1 a.m.	1 p.m 10 p.m.
Bluff Street	All	Diagonal Street	Snow Canyon Parkway	7:30 a.m.	1 a.m.	1 p.m 10 p.m.
1250 North	All	Bluff Street	Red Hills Golf Course	10 a.m.	1 a.m.	1 p.m 10 p.m.
Red Hills Parkway	All	State Road 18	1000 East	7:30 a.m.	1 a.m.	1 p.m 10 p.m.

Ford Ironman St. George Fast Facts

DATE: May 1, 2010

LOCATION: St. George Town Square will serve as the bike-to-run transition and finish line location

DISTANCES: 2.4-mile swim, 112-mile bike, 26.2-mile run all completed in succession

CUTOFF TIME: Swim Cutoff: 9:20 a.m.; Bike Cutoff: 5:30 p.m.; Run Cutoff: Midnight

ATHLETES: Approximately 2,200 from 30 countries and 47 states as of press time

AT STAKE: 72 qualifying spots to the 2010 Ford Ironman World Championship in Kailua-Kona, Hawaii, as well as a \$50,000 professional prize purse

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Additional Notes to Spectators

Crosswalks: Crosswalks will be set up at convenient locations along the race course. Please follow the instructions of the crossing guard when using a race-related crosswalk. Always use caution when crossing any portion of the Ford Ironman St. George race course.

Spectator Parking: Personal vehicles will not be allowed into Sand Hollow State Park on race day. Spectators who want to view the swim start should park at the Washington County Fairgrounds, located on the south side of State Road 9, at 5300 West. Shuttle busses will take spectators from the Washington County Fairgrounds to the swim start in Sand Hollow Reservoir. Spectators who want to view the bike-to-run transition and finish line in Town Square should park at the Dixie Sun Bowl parking lot, located on 100 South between 300 East and 400 East. Spectators can also utilize the surface street parking throughout downtown St. George. Please note that all red zone and handicapped parking areas will be enforced.

Shuttle Bus Service: All spectators will have the option of using the complimentary shuttle bus service from the parking lots at the Washington County Fairgrounds to the swim start area in Sand Hollow Reservoir. Shuttle bus service will be available from 5:30 - 6:40 a.m. If you choose to go to the swim start, be advised that the shuttle bus service will return spectators to the Washington County Fairground parking lots from 9:30 - 10:30 a.m.

Tvins Fitness Festival: The lvins Fitness Festival will be held in UNITY Park, located at 200 West and 400 South, on Saturday, May 1, from 9 a.m. 5 p.m. The lvins Fitness Festival will offer the best views of the bike course, as athletes pass by the area at miles 30 and 74. The lvins Fitness Festival will feature representatives from area health and fitness facilities, a variety of local eateries, unique shops and fun attractions. All spectators will have the option of using the complimentary shuttle bus service, which leaves from 200 West and Tabernacle Street every 15 minutes from 9 a.m. – 2 p.m.

Detours

City of St. George:

- •Red Hills Parkway closed Use 700 South or 100 South
- •St. George Boulevard closed from 200 West to 200 East
- Use 700 South or 100 South.
- •State Road 18 Northbound from Bluff Street Use Sunset Boulevard to 1400 West to Snow Canyon Parkway to State Road 18.
- •State Road 18 Southbound Use Snow Canyon Parkway to Dixie Downs Boulevard to Sunset Boulevard
- to Bluff Street.
- Snow Canyon Parkway Eastbound, west of 2000 North Use Tuweep Drive to 1800 North to Dixie Downs Drive
 Snow Canyon Parkway Westbound Use Dixie Downs Drive to 1800 North to Tuweep Drive to Snow Canyon Parkway.

City of Washington:

- •Avoid Telegraph Street, Washington Parkway, Buena Vista Boulevard and Green Springs Drive until 11 a.m.
- •Exit 13 on Interstate 15 closed Use Exit 10
- •There is no State Road 9 access from Telegraph Street Use Interstate 15 access from Exit 10.
- •Green Springs residents can cross the race course on Green Springs Drive at Cactus Lane and at Buena Vista Boulevard and Playa Della Rosita.

Gunlock Residents:

•Southbound traffic only on Gunlock Road. Local traffic will have access from Veyo. Follw the lead car on Highway 91.

Winchester Hills Residents:

Ledges Southbound on and off ramp closed – Use 5745 North Winchester Hills. Follow the lead car.

City of Hurricane:

*Sand Hollow Road closed – Use Flora Tech Road to access Dixie Springs and Elam Valley. Use 3000 South to access Sand Hollow Resort.

City of Ivins, Kayenta

& Santa Clara:

- •Kayenta Parkway closed Use Taviawk Drive to Center Street to 200 East to Highway 91.
- •Pioneer Parkway closed Use Santa Clara Drive.
- •Avoid Snow Canyon Parkway Use Sunset Boulevard to Santa Clara Drive; residents can cross the race course at Tuweep Drive and 200 East in Ivins.

Shivwits Reservation

•Flaggers will be present to allow access on Highway 91. Follow the lead car.